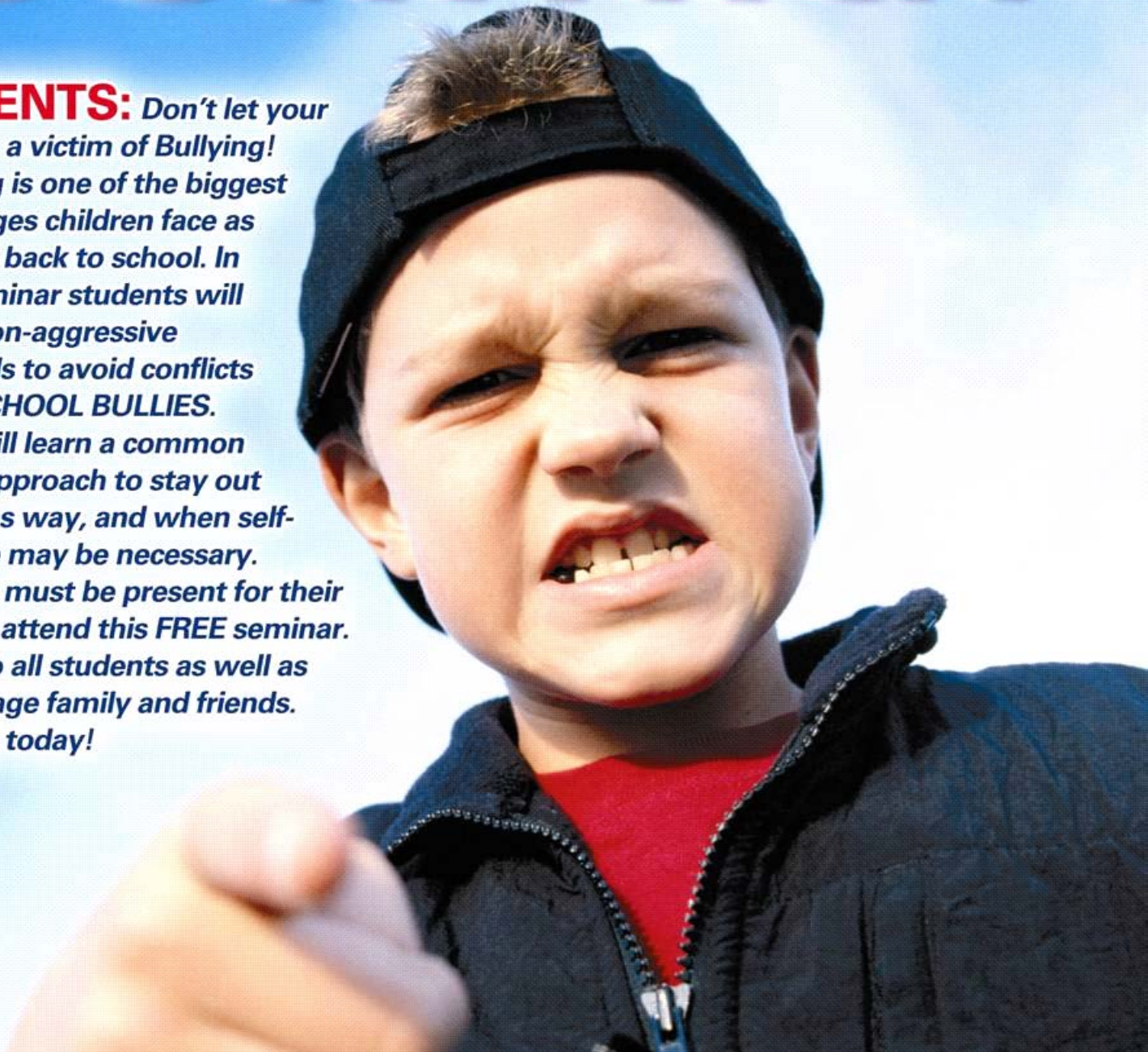


FREE **Bully Buster** **Seminar**

PARENTS: *Don't let your child be a victim of Bullying! Bullying is one of the biggest challenges children face as they go back to school. In this seminar students will learn non-aggressive methods to avoid conflicts with SCHOOL BULLIES. They will learn a common sense approach to stay out of harms way, and when self-defense may be necessary. Parents must be present for their child to attend this FREE seminar. Open to all students as well as school age family and friends. Sign up today!*



Saturday September 13th 2:00PM - 3:00PM
Space is limited RSVP (586) 573-3881

*Denny Strecker's Karate * 28732 Ryan Road Warren, Mi. 48092*

Bonus: The Top 12 techniques for Dealing With the Bully “with out fighting”
Bonus: Handout given to the first 25 who register—Register today!

Attention Parents!

Join With Our Martial Arts School to Stop Bullying Before It Starts

Please take this opportunity to educate yourself about an issue that affects 30%, or more than 5.7 million, of children and youth in the United States because that is how many of them are estimated to be bullies, have been the victims of bullying or both.

Many of you may remember bullying incidents in your youth, and now in adulthood may think it's just part of growing and it never really affected you. You would be one of the fortunate ones, for bullying has much to do with stunting a child's emotional and intellectual growth, even if it never has more than minor physical effects.

Studies and statistics support the conclusions.

- Studies show that bullies are generally physically aggressive, hot-tempered, easily angered and impulsive, with a low tolerance for frustration.¹
- Children and youth who are bullied are typically anxious, insecure and cautious and suffer from low self-esteem, rarely defending themselves.¹ Bullied students often have problems concentrating in school.²
- There appears to be a strong relationship between childhood bullying and adult legal and criminal problems.
- Adults who were bullied as youth have higher levels of depression and poorer self-esteem than other adults.²

The evidence leaves little doubt that bullying is an issue that requires the attention of all adults in our community; and maybe the biggest reason is that social scientists and the studies they conduct support the concept that bullying is a precursor to the deadly gun-violence occurring in too many high schools. In many cases, bullying escalates to violence because of earlier confrontations over relatively petty issues or intolerance for others' points-of-view.

Denny Strecker's Karate

Free Bully Seminar for the Peaceful Child
Prepare Your Child for School * RSVP (586) 573-3881